

## Regulating and understanding emotional/sensory needs

- Attention & Listening
- Emotional Regulation & Sensory Needs (Interoception)
- Generalising to home & community

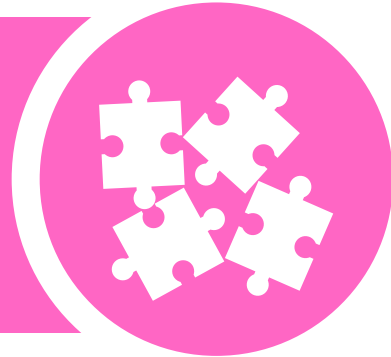


## Environment

- Accessing the environment
- Modifying the environment
- Coping with change
- Generalising to home & community

## Autism - mine & others

- Understands Autism
- Reflects on strength & need
- Understands differences
- Theory of mind
- Understand impact of behaviour
- Generalising to home & community



## Developing social communication

- Play
- Non-verbal communication (facial expressions/body language etc)
- Conversation skills
- Relationships & boundaries
- Conflict & repair
- Accepting responsibility
- Generalising to home & community

## Your well-being & independence

- Self-esteem
- Independence
- Attempting new activities
- Positive mental health
- Personal safety
- Healthy living
- Community integration
- Life skills

